



Theme: Resources for Strong Families

ORG	WEBSITE	EVENT OR FOCUS
ACS/DFMWR	Volunteer of the Quarter Mountain Post Living	Recognition Awards
COL Fitch	Upcoming Events; Change in Schedule	Opening Remarks
PAIO Did you Know?	http://www.redcross.org/get-help/military-families/deployment-services/coping-deployment-course http://www.redcross.org/get-help/military-families/deployment-services/mind-body-workshops	Red Cross Resources for Deployed Families
	www.uso.org/programs/couples-seminars-stronger-families https://strongerfamilies.com/event-request/	USO – Stronger Families
	https://ppld.org/sites/default/files/whatsnew/Events-Calendar-Children-June-July.pdf	Pikes Peak Library Summer Calendar
	https://www.evans.amedd.army.mil/Services/51/Army-Wellness-Center	Army Wellness Center Classes
	www.militaryonesource.mil	Military One Source
	http://www.carson.army.mil/assets/docs/cie/books-on-resiliency.pdf	Books on Resiliency
	Reminder: DMV will close for system upgrades	DMV Closed: 31 July to 3 August
Peak Military Care Network	www.pmcn.org	Network of Care/Veterans
Head Start	https://www.cpcdheadstart.org/apply-now	Pre-K Resources
DHR	http://www.carson.army.mil/dhr/DHR/MPD/PPB/Briefings/Levy.html	Out Processing Procedures
DFMWR Mountain Post Living (MPL)	https://carson.armymwr.com/ https://www.mountainpostliving.com/	DFMWR Classes/Events; MPL Next Quarter Preview
MEDDAC	https://www.evans.amedd.army.mil/	Benefits of Exercising;

		School/ MPL info; Sports Physicals;
ACS	https://carson.armymwr.com/categories/community-support	Financial Counseling, Parenting, Job Search

There is no CIE in July

New Battle Rhythm: CIE will be held the 3rd Wednesday of each month

Next Meeting: Wednesday August 15, 0900 Elkhorn Conference Center